

My loved one's substance use has become problematic.

WHAT CAN I DO?

Your loved one's substance use disorder is not your fault, and you cannot control their substance use or its impacts. One of the best things you can do to help your loved one become more open to making changes is to learn how to set boundaries and care for yourself. Here are some resources that can help:

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SOAR Natick (Supporting Outreach & Addiction Recovery)
Natick-based support group for those with a loved one suffering from a substance use disorder.
www.SOARNatick.org for meeting schedule.

Learn to Cope

Support group for parents & family members of those addicted to opioids and other drugs. Narcan distribution & education available at meetings. Check website for resources & meetings schedules.
Wednesdays, 7pm-9pm, Kennedy Community Health Center
354 Waverly St., Framingham
www.Learn2Cope.org

INTERFACE Referral Service Helpline M - F 9am-5pm
Free consultation with mental health professional about resources. Natick residents can receive personalized, matched referrals for outpatient counseling services.
Helpline Number: 888-244-6843
<https://interface.williamjames.edu/>

Al-Anon of MA & Nar-Anon of New England
12-step groups for family members of a person experiencing a substance use disorder. Check website for daily meeting schedule.
www.ma-al-anon-alateen.org & www.naranonctma.org

Massachusetts Organization for Addiction Recovery (MOAR)
Resource list of treatment & recovery services throughout MA.
www.moar-recovery.org/resources

Center on Addiction
Online resource that offers direct services to parents and caregivers of those struggling with substance use. The Center on Addiction has merged with the Partnership for Drug-Free Kids.
www.centeronaddiction.org

Town of Natick Health Department (508-647-6623)
Contact Katie Sugarman, Prevention & Outreach Program Manager, for confidential assistance with treatment navigation and support.
M - W 8:30am-5pm; Th 8:30am-7pm; F 8:30am-12:30pm

If you have questions or concerns, please contact natick180@natickma.org

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Natick 180
natick180.org

In an emergency, please call 911.

Are you experiencing difficulties due to your substance use?

WE CAN HELP.

Talk to Someone

Psychiatric Emergency Services

800-640-5432 . 24/7

Help during a crisis. Provided by Advocates.

Call2Talk Suicide Prevention Hotline & Crisis Text Line

800-273-8255 . Text C2T to 741741 . www.crisistextline.org

Free, confidential text conversation w/ trained crisis counselor.

Get Resources

MA Bureau of Substance Use Services Helpline

800-327-5050 . www.helplinema.org

Free, confidential info & referrals for alcohol & drug problems.

Services available in any language. Provided by the MA Dept. of Public Health.

M - F 8am-10pm; Sat - Sun 9am-5pm

Program RISE Opioid Overdose Prevention Program

508-935-2960 . 1 Grant St, Suite 100, Framingham

Free, confidential info on opioid overdose prevention & access to treatment services. Narcan distribution, harm reduction kits, counseling & testing for sexually transmitted infections available. Provided by Justice Resource Institute (JRI).

M & F 8:30am - 3:30pm ; Tues, Wed, Thurs 8:30am-6:30pm

INTERFACE Referral Service Helpline

888-244-6843 . <https://interface.williamjames.edu/>

Free consultation with a mental health professional about resources. Natick residents can receive personalized, matched referrals for outpatient counseling services. M - F 9am - 5pm

Let's do it Together

SMOC Recovery Coaches

508-232-8282 . M - F 9am-5pm

Free, confidential support from experienced recovery coaches for those in or wanting to be in recovery from an opioid use disorder. Provided by South Middlesex Opportunity Council.

If you have questions or concerns, please contact natick180@natickma.org

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Natick observes the Good Samaritan Law, which provides immunity from prosecution for possession of a controlled substance if a person seeks medical assistance for someone experiencing a drug-related overdose. See M.G.L ch.94c 34a.


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In an emergency, please call 911.