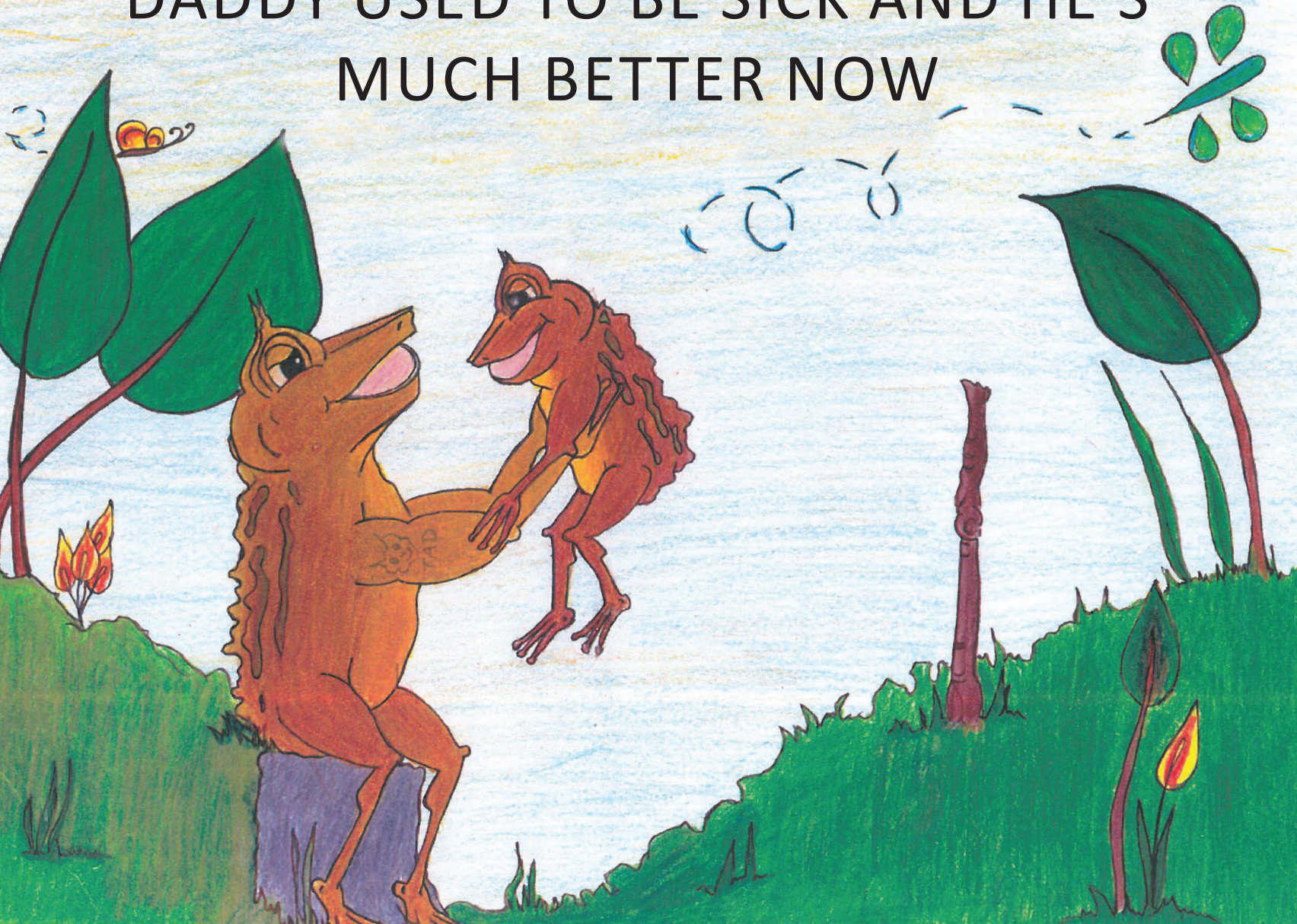


DADDY USED TO BE SICK AND HE'S
MUCH BETTER NOW



This book was written in acclamation of the
Greater Lawrence Family Health Center
Office-based Opioid Treatment Program to help
the children of individuals with substance use
disorders that are helped with medicine. We
hope that it will help parents find a meaningful
way to talk to their children about their recovery.

Written By: Nicholas, Shawn, Jason, Michael,
Brian, Michael, Robert, Thomas, Charles, Sean, Dennis,
Milan, Juan, and Dr. G.

Illustrated by Jennifer Klein-Roche

Daddy was always sick and not always nice.



He didn't treat me like a human being.



There was a time when he wasn't
there. I used to think he didn't care.



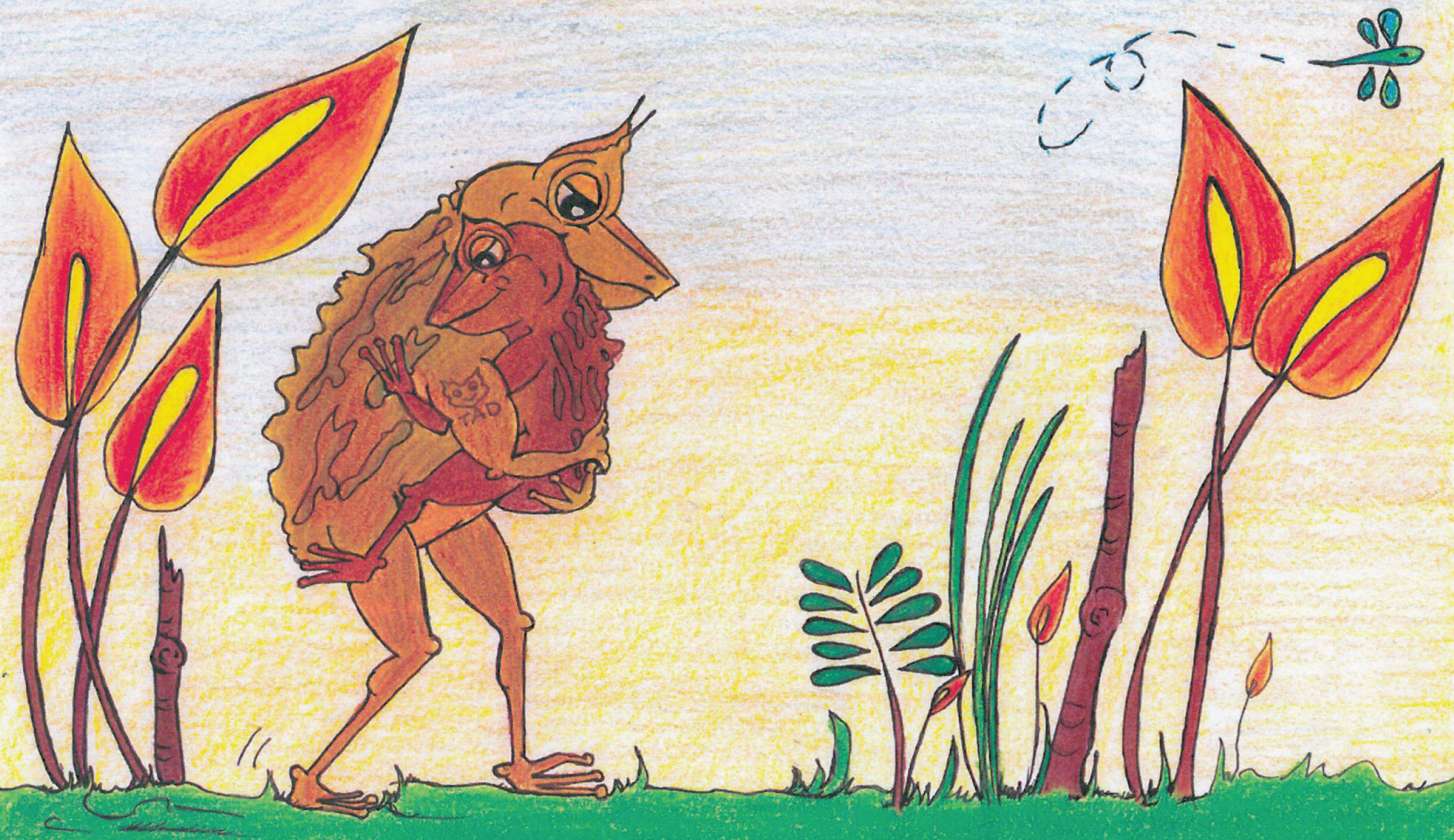
Now I know that he cares. It's
better than when he wasn't there.



Now he smiles and tells me he loves
me.



And I really love it when he hugs me.



He goes to see his doctor, and takes
medicine as part of his plan.



His desire to care for himself
makes him a better man.



He's no longer running around with
the same old crowd. He goes to
meetings and feels proud.



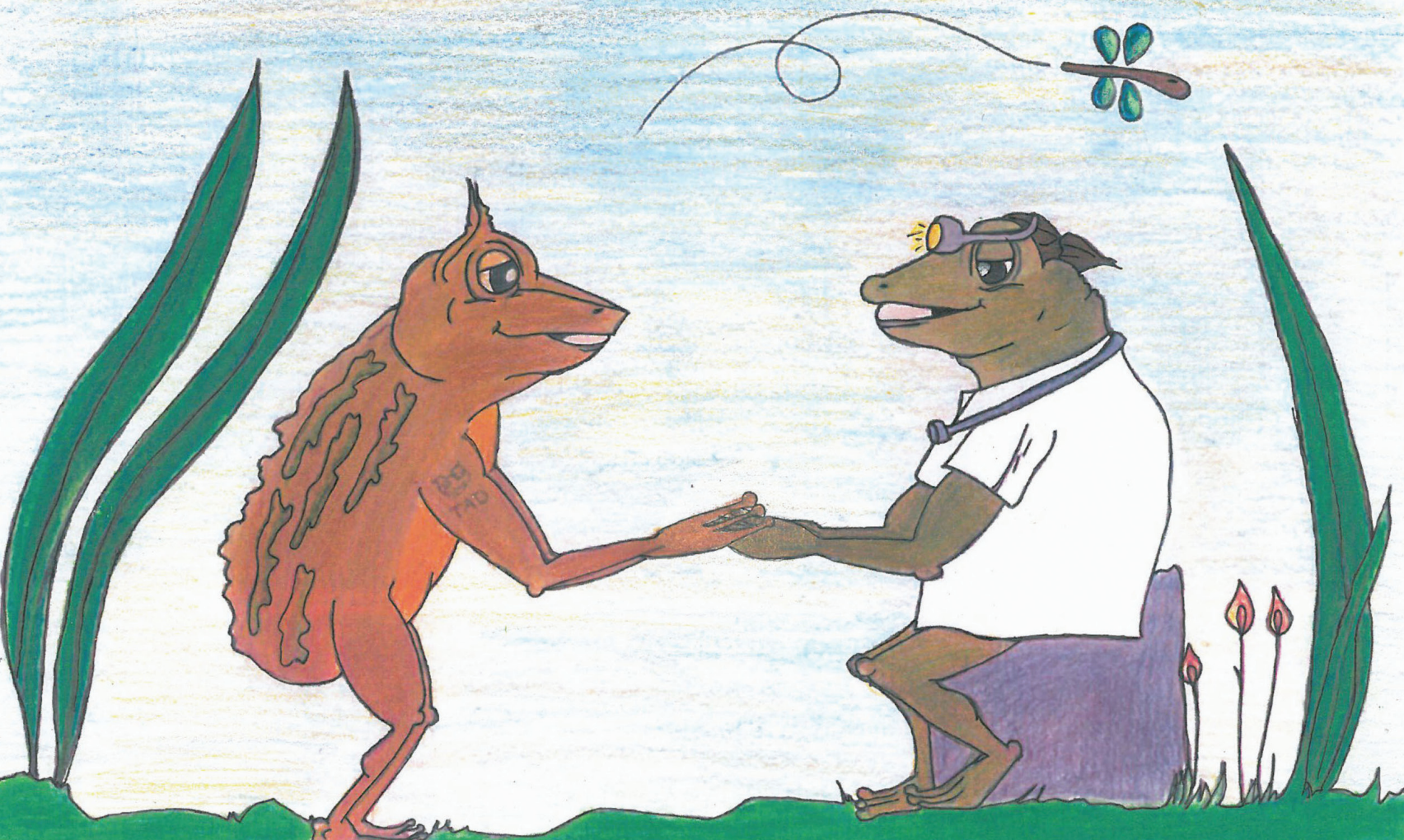
It's been 12 months long and daddy is
still going strong.



He makes good choices every minute,
every hour. I'm so glad he knows it
takes more than just will power.



Daddy sees the doctor WOW!



He's so much better now.



Notes to Parents

This picture book is a resource to help young children learn about recovery. For additional resources about substance use recovery and parenting:

Massachusetts Health Promotion Clearinghouse:

Free publications and DVDs on many health topics.
Toll-free: 1-800-952-6637 | TTY: Use MassRelay at 711 or 1-800-720-3480 | mass.gov/MAClearinghouse.

- **The Strengthening Families Program Home Use DVD** — series for families of 10-17 year olds with actions that parents can take to help kids stay healthy (Spanish track included).
- **Preparing Your Young Children for a Healthy, Drug-Free Future** — booklet for parents and guardians of 3rd to 5th graders.
- **Talking to Your Middle School-Aged Child about Alcohol, Tobacco, and other Drugs** (English and Spanish).
- **7 Ways to Protect Your Teen from Alcohol and Other Drugs** — booklet for parents of teens (English and Spanish).

Online resources

The Journey Recovery Project: An interactive web resource for pregnant and parenting women who have questions or concerns about opioid and other substance use that focuses on the stories of women with lived experience. <https://journeyrecoveryproject.com>

Plan of Safe Care: Information on what a Plan of Safe Care (POSC) is, what a provider's responsibilities are related to POSC, and templates and resources for coordinating POSC with clients. mass.gov/safecare

Treatment Resources

Massachusetts Substance Use Helpline: Information and referrals to prevention and treatment programs for people of all ages (Translators available). Toll-free: 1-800-327-5050 (7 days a week) | TTY: Use MassRelay at 711 or 1-800-439-2370 | HelplineMA.org.

