

# Vaping Cannabis

## What is a “vape”?

- Vapes are e-cigarette devices used to inhale and exhale aerosol.
- Concentrated cannabis oil or wax is heated and turned into an **aerosol**, not a vapor.

## What do they look like?

- Vapes can look like flash drives or pens.
- They consist of concentrated cannabis oil, a battery, and a mouthpiece.



## The Numbers:

- In a vape pen, cannabis oil is not “vaporized,” it is actually **aerosolized**.
- It takes 5-10 seconds for the THC to reach the brain and the effects can be felt within minutes.
- The high lasts about 30 minutes to several hours.
- The THC concentration depends on the oil used, which is often mislabeled.
- Vaping is NOT harmless.

## Note:

- Inhaling smoke of any kind causes damages to the respiratory system
- Using “vape” products is not a harmless alternative to smoking, it’s just another form of smoking.
- Sharing these devices puts users at risk of getting herpes, mono, and colds.