



Grief Connections Resource Guide

SADOD.org

Grief Support- Groups

The Sun Will Rise

Phone

781-789-4604

Website

thesunwillrise.org

Address

541 Washington st
Braintree, Ma 02184

The Sun Will Rise Foundation provides support for issues regarding substance use disorder. They help with education, prevention and awareness by sharing Nick Bean’s story at speaking engagements and with the community. They offer scholarships both to treatment, sober living and in Nick’s memory towards further education in the EMT field. Also offer family and recovery support if help is needed.

The Journey: Living with Loss from Substance Use

Phone / email

774-286-9986
the.journey.substance.loss@gmail.com

Website

<https://www.natickma.gov/1531/The-Journey---Living-With-A-Loss>

Address

115 East Central street
Natick Community Center
Natick, Ma 01760

The Journey is a grief support group in Natick, Ma specific to families who have loss someone due to substance use. The virtual meetings are monthly and every last Thursday of the month. Call or email for more info on meeting times.



Public Health
Prevent. Promote. Protect.
Framingham Public Health Department



HEALTH DEPARTMENT



Grief Support- Groups

The Compassionate Friends

Phone/ email

781-444-1091 (#1)
cgc603@aol.com

Website

thecompassionatefriends.org

Address

Newton Lower Falls, Ma
02462

The mission of The Compassionate Friends: When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated. The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.

One Step at a Time

Phone /email

978-875-0606
drummerinheaven@gmail.com

Website

learn2cope.org

Address

37 High st
Marlborough, Ma 01752

Learn to Cope is a peer-led network that offers support, resources, education, and hope for family members and friends who have loved ones affected by substance use disorder, as well as those who have lost a loved one to substance use. Meetings are a safe place for members to share their experiences, ask questions, learn about addiction, and listen to Guest Speakers who are either in long term recovery or professionals in the field. There is no cost to join or attend.



Grief Support- Children

The Children's Room

Phone

781-641-4741

Website

Childrensroom.org

Address

1210 Massachusetts Ave
Arlington, Ma 02476

The Children's Room creates safe, supportive communities, so that no child, teen, or family has to grieve alone. They offer a variety of specialized support groups, for more information, visit their website.

No insurance required.

Jeff's Place

Phone

508-879-2800

Website

jeffsplace.org

Address

281 Pleasant St
Framingham, Ma 01710

Jeff's Place offers hope and healing in a supportive community for grieving children, teens, families, and individuals. Jeff's place offers a variety of services such as specialized support groups, individual counseling, anticipatory death and crisis intervention, and family consultations. Jeff's place also offers camp for children and teens, [here](#) is a list of all upcoming dates and their locations.

No insurance required.

Rick's Place

Phone

413-279-2010

Website

ricksplacema.org

Address

85 Post Office Park
#8521
Wilbraham, Ma 01095

Through facilitated peer support groups, Rick's Place offers grieving children and their caregivers a safe place to remember their loved ones, honor their memories, and avoid the sense of isolation that such a loss can produce.

No insurance required.

Grief Support- Counseling/Coaching

Thriveworks Counseling

Phone

508-388-1648

Website

thriveworks.com

Address

463 Worcester Rd. #406
Framingham, Ma 01710

Thriveworks is a mental health care company who offer online counseling sessions, child therapy, psychiatric services (medication management), couples therapy and more. Providing clients with easy-to-access, high-quality care and clinicians with a supportive working environment.

Insurance required.

Imagine Family Recovery

Phone

302-690-0952

Website

imaginefamilyrecovery.net

Address

n/a

Imagine Family Recovery supports individuals looking for grief support, who have loved ones suffering from an addiction; families who are in need of additional resources related to grief and/or addiction; military families who have lost a loved one to suicide/overdose; suicide loss survivors; overdose survivors; organizations focused on providing care and support for grief and substance use disorder. No insurance required.



Behavioral Health



DCS Mental Health

Phone

508-653-4820

Website

dcsmentalhealth.com

Address

251 West Central St. Suite 5
Natick, MA 01760

DCS Mental Health provides comprehensive psychiatric assessment, treatment, and counseling services for children, adolescents, and adults challenged by emotional, social, and behavioral issues. Click [here](#) for a list of acceptable insurance.

Northstar Recovery

Phone

883-959-3460

Website

northstarrecoverycenter.com

Address

132 Turnpike Rd. #200
Southborough, Ma 01772

Northstar Recovery comprehensive addiction treatment services for individuals struggling with substance use disorders. Northstar helps patients achieve long-term recovery and a fulfilling life free from addiction.

Insurance required.

Behavioral Health

Spectrum Health Systems Inc.,

Phone

508-875-5801

Website

spectrumhealthsystem.org

Address

68 Franklin St, Framingham,
Ma 01702

Spectrum Health System provides a high quality of services to individuals seeking treatment for substance use and/or mental health disorders.

Insurance required.

Mayflower Recovery

Phone

987-787-7937

Website

mayflowerrecovery.com

Address

362 Middlesex Ave
Willington, Ma 01887

Mayflower detox provides the support, comfort, safety, and privacy to clients that need to begin the process of breaking the grip of addiction and alcoholism.

Insurance required.

Wayside Youth & Family

Phone

508-879-9800

Website

waysideyouth.org

Address

1 Frederick Abbott Wy.
Framingham, Ma 01701

Wayside offers an array of services for children, young adults and families. Services include counseling services, residential/ educational campus, care coordination and more. For a more detailed list of services, go to waysideyouth.org.

Insurance required.

Behavioral Health

Northeast Health Services

Phone

508-875-1110

Website

transformationnetworks.com

Address

600 Worcester Rd #201
Framingham, Ma 01701

Northeast Health Services is a network of convenient outpatient clinics throughout New England. Each location has a dedicated team of mental health professionals, including therapist and psychiatrist. With their expertise and compassion, their professional are there to help you on your journey to better mental health and well being.

Insurance required.

New Horizons Medical

Phone

508-872-0700

Website

newhorizonsmedical.org

Address

214 Howard street
Framingham, Ma 01702

New Horizons Medical offers Outpatient Mental Health Counseling, Substance Use Recovery, and Psychiatry treatment services in Framingham.

Insurance required.

SMOC Behavioral Health

Phone

508-872-4853

Website

smoc.org

Address

7 Bishop Street
Framingham, Ma 01702

SMOC Behavioral Healthcare is a division of SMOC that provides substance use and mental health outpatient services to individual adults, children and families. Insurance required.

Behavioral Health

Sunrise Detox

Phone

508-506-8940

Website

sunrisedetoxmillbury.com

Address

29 North Main st, Millbury,
Ma 01527

Sunrise Detox Millbury's facility is the ideal setting to take control of the clients substance use with medically supervised detox treatment-supported by accredited clinicians and caregivers who are committed to gradually tapering clients off substances in a safe and effective manner.

Insurance required.

Advocates

Phone

508-628-6300

Website

advocates.org

Address

1881 Worcester Rd.
Framingham, Ma
advocates.org

Advocates is committed to helping people with autism, brain injuries, mental health challenges, substance use issues and more live healthy and happy lives.

Insurance required.

Genesis Counseling

Phone

883-959-3460

Website

genesiscounselingservices.org

Address

24 Union Ave #11
Framingham, Ma
01701

Genesis Counseling offers an array of services including individual therapy, group therapy, both youth and adult substance abuse programs, anger management, parenting classes and more. For the full list of services, visit their website.

insurance required.

Behavioral Health

Program RISE

Phone

508-935-2960

Website

jri.org

Address

1 Grant st #100
Framingham, Ma 01702

Program RISE is a syringe exchange program as well as a HIV and STI testing. Insurance required.

MetroWest Care Connections

Phone

n/a

Website

mwcareconnection.info

Address

n/a

A curated database of resources that service the Metrowest area of Massachusetts with over 3,000 resources including housing assistance, food assistance, mental health, addiction recovery, financial assistance and more. Click on their website for a more detailed list of resources.



Funeral Homes



John Everett & Sons Funeral Homes

4 Park st. Natick, Ma
01760
(508) 653-4342

Macarthy, Mckinney & Lawler Funeral Home and Cremation Services

11 Lincoln st.
Framingham, Ma
01702
(508) 875-4747

Advantage Funeral & Cremation Services

318 Union ave
Framingham, Ma
01702
(508) 875-8541

Norton Funeral Home

53 Beech st.
Framingham, Ma
01702
(508) 875-7871

Legal Services and Guidance

Greater Boston Legal Services

Phone

617-371-1234

Website

gbls.org

Address

197 Friend st Boston, Ma

Greater Boston Legal Services helps more than 10,000 low-income families and individuals solve their civil (non-criminal) legal problems.

WilmerHale Legal Services- Harvard Law

Phone

617-522-3003

Website

legalservicescenter.org

Address

122 Boylston st
Jamacia Plains, Ma

Provide quality free representation for individuals and families with legal needs related to debt and financial problems, disability, domestic violence, housing, income tax, LGBTQ+ advocacy, and veterans' issues.

MA Kinship Navigator Program

Phone

617-862-7139

Website

mass.gov/kinship-navigator

Address

n/a

The Kinship Caregivers Program is a program of the commonwealth of Massachusetts that collaboratively supports kinship caregivers and the children they are raising.

For more information, watch the following videos:

<https://youtu.be/tMpVpYDsVxl>