

Natick 180 Mission



Natick 180 serves as Natick’s principal community-based coalition for inclusive and culturally-responsive addiction education, prevention and recovery. The Coalition brings together diverse partners, individuals and resources to:

- Address factors contributing to substance use disorder, such as mental health, stigma, and racism;
- Provide assistance to those who are currently experiencing addiction;
- Empower members of the recovery community through inclusion in decision-making and leadership roles; and
- Build up community characteristics and create a culture of equitable access to connectedness and belonging that protect against substance use disorder.

Natick 180 strives to champion diversity, equity and inclusion. The Coalition recognizes both substance use disorder and racism as public health crises and is committed to dismantling the policies, systems and structures that contribute to the discrimination and inequities that impact the lives of Natick community members.

We welcome all individuals no matter their disability, race, culture, language, gender, economic circumstance, gender identity, sexual orientation, spiritual or religious background or age. Natick 180 empowers community members and fosters community conversations about substance use and mental health that are driven by empathy, respect, science and data.

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Addiction happens in all communities, and any individual and any family can experience it. But addiction does not define a person. Nor does it reflect how loving a family is, or how much a community cares. By working together, Natick can respond more effectively to help community members who experience addiction.

Connect With Us!



Join the Natick 180 Coalition

Get involved with one of our action teams, which meet monthly. Email us at natick180@natickma.org to learn more.

- Awareness and Education Action Team
- Access to Services Action Team

Visit our website

Check out our website at www.natick180.org

- Substance use and mental health resources
- Prevention and harm reduction information
- Community calendar of events

Join our mailing list

Sign-up for our email list to stay up-to-date. You can also find the link at natick180.org.



Follow us on social media

Follow us on Facebook, Instagram, & Twitter @Natick 180



Want to connect further?

Contact us via email at natick180@natickma.org

Natick 180

Your community resource for addiction education, prevention & recovery.

We are providing prevention education to Natick residents.

We are educating Natick youth on the risks of addiction.

We are increasing access to treatment & recovery services.

We are here to help.

#Natick180 ● Natick180.org

Community Trainings

Narcan Training

This 1-hour training provides an overview of the signs/symptoms of an overdose and how to administer Narcan, a medication that can reverse an opioid overdose. Free Narcan is provided during the training.

QPR: Suicide Prevention Training

This 2-hour training teaches participants to recognize the signs/symptoms of suicidal behaviors and learn how to assist somebody who may be suicidal.

Youth Mental Health First Aid


This 7-hour training teaches adults to identify, understand, and respond to signs of mental illness and substance use disorder in youth ages 12-18.

Adult Mental Health First Aid

This 7-hour training teaches adults to identify, understand, and respond to signs of mental illness and substance use disorder in adults ages 18 and older.

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To learn more or register for an upcoming training, contact us:

 natick180@natickma.org

 (508) 647-6623

Our Work

Education

- Community education events and trainings
- Lesson plans and visits to health classes in Natick schools

Prevention

- Medication disposal kiosk in Natick's Police Station lobby
- Active youth group (Natick Above the Influence) at Natick High School
- Annual Sticker Shock campaign at local liquor stores

Treatment

- Narcan trainings and distribution
- Post overdose outreach program
- Substance use diversion program at Natick Public Schools

Recovery

- Connections to recovery & harm reduction services and resources
- Support groups for those impacted by addiction

Prevention Conversation Checklist

- LISTEN more than you talk.
- AFFIRM good choices.
- SPEND TIME together. It shows you care.
- SHARE your family's values.
- TALK WITH your children, not at them.
- SHOW RESPECT, even when you disagree.
- BE honest.
- WORDS work best when actions back them up.

Natick 180 Partners



We are proud to have many local community partners involved in this important work!

Looking for support? View our resource list.



Learn more at: Natick180.org


Natick 180
natick180.org